



# HAND THERAPY WEEK

IN RECOGNITION OF HAND THERAPY WEEK, JUNE 1 - 7, 2015,  
FLAGSTAFF BONE AND JOINT WOULD LIKE TO BRING AWARENESS TO  
THE IMPORTANCE OF HAND HEALTH.

**John Flint, MD**



Dr. Flint specializes in the treatment of degenerative, over-use and traumatic injuries of the hand, elbow and shoulder.

**Ariel Coffey, OTR/L, CHT**



Ariel specializes in Occupational Therapy with a strong emphasis in hand rehabilitation and custom hand splinting.

The importance of a hand team consisting of a physician and therapist in today's healthcare environment cannot be overstated. Our team works with patients who may have been affected by an accident or trauma leaving them with wounds, scars, burns, injured tendons or nerves, fractures, or even amputation of the fingers, hands or arms. Our team also treats patients who are disabled from the effects of repetitive motion disorders – such as tennis elbow or carpal tunnel syndrome. Many patients seeking our care also suffer from such things as arthritis or a neurological condition.

Often times, treatment will consist of preventive measures or joint protection strategies in order to prevent or minimize further injury. Our hand physician and therapist team provides an evaluation and treatment plan that meets each patient's specific needs in order to maximize long-term function.



“Ariel is a fantastic hand therapist. She treats patients with respect, compassion and great skill. Her abilities make our hand team work so well. I am fortunate to work with her in restoring patients hand function. I feel lucky to be able to share patients with her and visit patients in her clinic during their hand therapy sessions. It adds a tremendous amount in optimizing the patients care.” – Dr. John Flint

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