

POLAR CARE UNITS

Flagstaff Bone & Joint is proud to offer two cold therapy unit options. These devices are a convenient way to provide cold therapy to your surgical site. Both options circulate cold water from the unit into the pad, which is placed over your surgical body part. With the addition of ice and water, you can enjoy hours of effortless cold therapy during recovery. Unlike regular ice packs, the pad is not warmed by body heat and allows for constant, long-lasting cold therapy directly to the area. Either unit can be used throughout the postoperative period, and long after.

The Breg® Polar Care Cube cold therapy system is effective and reliable. It's easy to use, the compact design makes it advantageous for home use. The Polar Care Cube is available for purchase, in office for **\$176**.

- Strong pump for optimal durability
- High flow rate results in even pad temperature
- Provides motorized cold treatment for 6 – 8 hours
- Proper use requires an insulation barrier between the pad and skin.



The Breg® Polar Care Wave cold therapy and compression device combines motorized cold therapy with dynamic compression in a simple and compact unit, this makes it ideal for use at home, hospitals, physical therapy, or athletic training settings. The Polar Care Wave is available for order and in-office pick-up for **\$366**.

- Varied levels of cold + compression settings
- Y-adapter available for bilateral usage
- Quiet pump encourages rest and recovery
- No additional barrier needed

The superior cooling provided by these units aide in post-surgical healing by reducing post-operative swelling, decreasing pain, and may also lessen the need for narcotics or pain medication. These benefits can result in better early range of motion and ambulation to optimize recovery. These are valuable factors that may contribute to a more comfortable surgical experience and a better outcome.

Both Breg Polar Care units are not covered by insurance and can be purchased at our office using cash or credit card any time prior to surgery. If you would like to coordinate a pickup or have questions about these products, please call our DME Coordinator at (928) 213-6231.

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www.flagstaffboneandjoint.com